

## CONSENT FOR RELEASE OF INFORMATION

I, \_\_\_\_\_  
(print your name in full)

of \_\_\_\_\_  
(address)

consent to the exchange of information between:

\_\_\_\_\_  
(counsellor's name)

and \_\_\_\_\_  
(name of professional, institution or agency)

I understand that any information or documentation exchange will be held in confidence by both parties.

This consent is given for professional consultation to assess my needs or those of my dependent(s), or to assist in the initiation, coordination, and follow up of any counselling plan that may be formulated.

This Release of Information will expire in 90 days following the date on which it is obtained. The client may withdraw this authorization at any time prior to the date of expiration.

\_\_\_\_\_  
(Client's Signature)

\_\_\_\_\_  
Date

\_\_\_\_\_  
(Witness)

\_\_\_\_\_  
Date

Jennifer Elder

M.Ed., RP, CCC  
Registered Psychotherapist/Counsellor  
Personal & Relationship Counselling

2039 Robertson Road, Suite 260, Ottawa, ON K2H 8R2  
613. 294. 5973  
jen.elder@sympatico.ca  
www.jenniferelder.ca